

Boundless, and Belonging

A Full-day Sitting with Sarah Bender, Sensei

Hosted by the Wet Mountain Sangha
Saturday, January 24, 8:00 a.m. to 4:00 pm.
at the Center for Inner Peace, 740 W. 15th Street, Pueblo



*Every so often it's good to take a day
and let time and space spread themselves through you and around you:
great skirts of simplicity that reach forever, and for a day.
We sit, walk, and share a meal in quiet companionship, belonging utterly to what is just now.
And we allow our heart-minds the greatest luxury: freedom to wonder, wonder deeply,
nakedly, all the way.
What if this has something to do with the Bodhisattva Way of kindness and generosity?*

Schedule for the Day

7:40	Arrive, Orientation
8:00	Tea, Opening Words, Meditation
9:30	Dharma Talk
10:00	Meditation, Work in the Room
12:00	Potluck lunch
1:00	Sutra Service
1:30	Meditation, Work in the Room
3:30	Dharma Discussion
4:00	Close

The cost of the retreat is \$25.00 and scholarships are available. Part-time participation is possible. If you would like to attend, please contact Merrilee Barnett at merrileebarnett@gmail.com or 489-3843.