

Wet Mountain Sangha

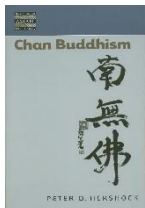
Finding Liberation

Buddhism, Chan, Zen and the Open Source

A four-session course in the Buddhist traditions and understandings of the
Wet Mountain Sangha
Taught by David Cockrell



What are Buddhism's fundamental ideas, and how did it begin? How did our sangha's tradition, Chan (Zen) Buddhism, evolve in China and Japan? What distinguishes Chan from other Buddhist traditions? Who are the Chan ancestors from whom we draw inspiration today, and what did they say? What is the "house style" of the Pacific Zen School and the Open Source Tradition in which the Wet Mountain Sangha practices?



The course is a basic orientation to Buddhism and the sangha's lineage and practices. We will read Peter Hershock's definitive book Chan Buddhism as a loose guide. While we'll refer to the book often, the course will be discussion-based and especially focused on everyone's questions and interests about Buddhism. This is a beginning course, and no previous experience is required.

David Cockrell took refuge in the Way of the Bodhisattva in 2001. He was a student of Joan Sutherland and the sangha's meditation instructor for over a decade and continues active practice leadership.



Saturdays April 25, May 9, May 23 and June 6, 11:00 am – 12:30 pm
(Just after the regular Saturday Morning Sittings)
Center for Inner Peace, 740 W. 15th St., Pueblo

No cost, but donations to the Wet Mountain Sangha are invited.
To register and for questions and more information, contact [David Cockrell](#) (719 994-3278).