Roots Of Change

A full day retreat hosted by Wet Mountain Sangha
led by Roshi Sarah Bender

Saturday November 14, 2026

8:00 Arrival; 8:30 AM retreat begins– 4:30 PM close
Center for Inner Peace
740 W. 15th St. Pueblo 81003

- Silent and walking meditation
- Morning Tea service, Afternoon Qi Gong
- Dharma talk by Sarah Bender, Roshi
- Silent potluck vegetarian lunch
- Full Sutra Service
- Opportunities for a private conversation with the teacher

All Sangha friends are welcome to attend.
A $25 donation is requested,
but not mandatory.
Register by clicking this link, or
scanning the QR Code to register.

For more Information, contact
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